

Introducing Andy

If you've taken excellent care of your gums and teeth, floss regularly and attend all your dental visits and hygiene appointments you probably don't know that Andy even exists! If you haven't or don't....well, let's just introduce you to Andy anyway!

Andy is our specialist Periodontist. A periodontist is a dentist who specialises in the prevention, diagnosis, and treatment of periodontal disease – an advanced form of gum disease. Periodontists are also experts in the treatment of oral inflammation.

Andy attended Sheffield Dental School and graduated in 2005. He then completed a year in Lincoln at general practice before moving to work at York District Hospital in the Oral and Maxillofacial Surgery Department. During his two years as a Senior House Officer in York, he gained the Diploma of Membership of the Faculty of Dental Surgery at the Royal College of Surgeons of Edinburgh.

The pull of Sheffield was too strong to ignore so Andy returned in 2008 to work part time in general practice and undertake further training in Periodontology. In 2011 he was awarded a Masters of Clinical Dentistry (Periodontology) with distinction from the University of Sheffield. Andy is a member of the British Society of Periodontology and attends conferences nationally and internationally to increase his knowledge and see the world!

As well as working at our lovely practice, Andy also works at Liverpool Dental Hospital as both a Speciality Dentist in Periodontology and a Clinical Tutor teaching undergraduate dental students.

Outside of dentistry, Andy is a keen Everton season ticket holder and in October married the very lucky Emily in a beautiful small ceremony at St Anne's in Baslow, Derbyshire.

Now, at least if you require the specialist services of Andy, you'll know a little bit more about him.



How are we doing?

"Best dentist for miles around."

"Friendly & reassuring." "Everyone is lovely!"

Just some of the recent comments that we have had from patients - 100% last month said they would recommend us! If you have any comments to make about our service, do let us know. We can only keep improving if you tell us.

Also, just to let you know that Rachel and Julie (pictured) have recently joined the team - look out for more info on them and the rest of the team in our 'Meet the Team' features on Facebook and Twitter.



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Up for the Dental Oscars!

We are over the moon to have been shortlisted for no fewer than four categories at the upcoming *Private Dentistry Awards*. Held in London's West End, it is an honour in itself just to be nominated for these awards and they are very much seen as the dental 'Oscars'. The practice has been shortlisted in:

BEST PATIENT CARE BEST TEAM BEST EMPLOYER PRACTICE OF THE YEAR

Practice Manager, Lisa Bainham expressed the entire team's delight at being finalists at the awards. *"We have always strived to make every patient visit to The Old Surgery as enjoyable as possible and having the recognition of your peers is tremendous. Last year we gained a Highly Commended in the Best Team category so this year we want to go one better. Fingers crossed for the 11th December!"*



We hope that being a finalist reassures you of our commitment and dedication to providing an awesome service.

Wish us luck!

Tooth Whitening Competition

Entries for our amazing professional tooth whitening competition have been flooding in thick and fast, and the great news is there's still time to enter for your chance to win!

Enlighten professional teeth whitening is one of the easiest ways to enhance your smile, and boost your confidence. It could be extra sparkle say for your wedding, a gleaming smile for a job interview or a simple treatment to boost your self-esteem; whatever the reason, teeth whitening is simple, safe and affordable.



Here at the practice we use Enlighten, and we believe it is the best whitening product we have used in the last 15 years. Not only are the results excellent, but as the only teeth whitening treatment to give guaranteed results, you know you'll be in great hands...and have a fantastic smile!

We're currently offering you the chance to WIN a FREE Enlighten teeth whitening treatment worth £299! Simply tell us in fewer than 20 words why you think you need a whiter smile to be in with a chance of winning. Simply enter at www.cheshireteethwhitening.com today. Our final draw will be on the 1st December 2015.

November is Mouth Cancer Action Month

Mouth Cancer Action Month is a charity campaign which aims to raise awareness of mouth cancer and make a difference by saving thousands of lives through early detection and prevention. The key facts about mouth cancer are:

- Mouth cancer is twice as common in men than women
- There are more deaths from mouth cancer than there are through road traffic collisions
- Mouth cancer claims more lives per year than cervical and testicular cancer combined
- More than 90% of mouth cancers in men and 85% in women are linked to lifestyle and environmental factors
- More than 2000 people lose their life to mouth cancer in the UK every year

Mouth cancer can strike in a number of places, including the lips, tongue, gums and cheeks. Early detection is crucial for survival, so it's extremely important that we all know what to look out for. Three signs and symptoms **NOT** to ignore are:

- Ulcers which do not heal within three weeks
- Red and white patches in the mouth
- Unusual lumps or swellings in the mouth or head and neck area

If you notice any of these, it is essential that you tell us, or your doctor immediately. At The Old Surgery Dental we carry out an oral cancer screening at ALL our patients' appointments.

You can find out more about Mouth Cancer Action Month, and how you can get involved or donate at www.mouthcancer.org

If you are concerned about any area of your mouth, call us on 01270 587820 or 01270 256884.



A dark blue banner with a light blue ribbon on the left. The text reads: 'MOUTH CANCER ACTION MONTH 2015', 'HELP US MAKE A DIFFERENCE', and 'WWW.MOUTHCANCER.ORG/REGISTER'. At the bottom, there are logos for 'Mouth Cancer Action Month November 2015' and 'British Dental Health Foundation' with its address: 'Smile House, 2A East Union Street, Rugby, Warwickshire, CV22 6AJ' and '© British Dental Health Foundation | Registered Charity No. 263198'.

NEW YEAR NEW YOU

As another year moves into its final months, it's a good time to think about the New Year and make plans for the exciting things you'd like to achieve in 2016!

It could be a luxury holiday, getting married to your life partner or learning to ski...if you start making plans now, the more likely you are to achieve a positive outcome.

Maybe you're going to invest in your appearance in 2016 and are considering some

cosmetic dentistry or orthodontic braces to improve your smile?

If you'd like to improve your smile then we can help. Please call us on 01270 587820, email us at info@oldsurgerydental.co.uk, contact us on Facebook or Twitter or pop in to book your free consultation. Our friendly team will talk you through the options, give you an estimated cost and also let you know about potential finance options and payment plans. Then, you can make an informed decision about how you would like to proceed.



at The Old Surgery Dental Practice, Crewe, Cheshire

