

Introducing

The corner stone of our practice remains preventative dental care. Your dentist and hygienist are totally committed to keeping your mouth as healthy as possible, which is why we place such an emphasis on the importance of your hygienist visit.

It is our responsibility to ensure that each individual patient's hygiene needs are constantly reassessed and that hygiene treatment is prescribed appropriately. We have many patients whose dental health would benefit from slightly longer hygienist visits than we currently provide on Plan 1, but certainly do not need Plan 2 (where you receive four hygiene sessions after the relevant monthly payments). We are therefore introducing Plan 1-Extra, which allows two 30 minute hygienist appointments per year, giving Kerry and Tracey the extra time we feel is needed in some cases.

At your next dental health examination, we will confirm whether your current dental plan is meeting your needs fully, or if you would benefit from changing your care plan. We will recommend the best plan for your mouth, but we want to stress that no one will be made to change from their existing plan unless they wish to do so.

Dental Care Plan 1 £11.70 per month

Every six months, patients receive a dental health examination and 20 minute hygiene visit.*

Dental Care Plan 2 £19.82 per month

As per Dental Care Plan 1 but every three months, patients receive a 30 minute hygiene visit.**

Dental Care Plan 1 - Extra £14.20 per month

As per Dental Care Plan 1 but every six months, patients receive a 30 minute hygiene visit.*

*Subject to receipt of six consecutive monthly payments.
**Subject to receipt of three consecutive monthly payments.

Book in your Summer Smile

Zoom® whitening
Wednesdays
reduced cost of **£295.00**



New faces

We are very pleased to welcome Debi and Emily to our team of dental nurses and also Carlie, our new dental therapist, who joined us in April to replace Vicky our previous therapist.

New you!
The Old Surgery
DENTAL PRACTICE

For a fresh and natural appearance we now offer:

- Wrinkle and line reducing treatments
- Lip enhancements for fuller even lips
- Skin rejuvenation

Now available
Let us reveal a *New you!*
Book in for your free consultation

Ian Dunn BChD MSc – Clinical Periodontology

Ian qualified from Leeds in 1998 and went into general practice in the North West. In 2001, he was awarded Membership of the Faculty of General Dental Practitioners. In 2002, he joined the teaching staff at Liverpool Dental Hospital in the periodontology department where he currently holds a part-time position. In 2007, he started a part-time MSc in periodontology which he completed in 2010. Together with his undergraduate teaching, Ian also lectures throughout the North West at postgraduate level.

The majority of his work is still in practice where he provides some general dentistry but also takes referrals for all aspects of periodontology. He is the British Society of Periodontology Regional Representative for Merseyside and Cheshire.

What is periodontics?

Periodontics is the management and treatment of diseases of the gums. Periodontal (gum) disease is one of the most common diseases in humans. Severe forms can lead, if untreated, to tooth loss. Patients are referred to Ian by their general dentists if they consider specialist treatment to be necessary.

What does it mean for our patients?

We are accepting referrals from other practices across the North West region to treat patients for:

- Complex periodontal problems
- Changing the shape of gums
- Gum defects
- Demanding aesthetic treatment plans.

Very few of our patients will have the need for this level of specialist treatment but alongside our dental hygienist team we have the expertise and facilities to give you the best possible dental health care available and keep you smiling.

The first step in management is a thorough examination and chart of the gums to diagnose and discover the extent of the problem. X-rays may be taken, or may be provided by the referring general dentist.

A course of treatment can then be decided upon, which may involve the referring general dentist and hygienist as well as the specialist. Successful treatment is always reliant on enthusiastic plaque control and home care on the part of the patient. During specialist treatment, routine dental care is still provided by the referring general dentist or hygienist team.

Straighter teeth in weeks!

Q. I really want straight teeth, but don't want 'train track' braces and need results fast. What can you do to help?

A. Whether in your professional life or when you are out socialising, an attractive smile can make you feel happier and more relaxed – as well as making the right impression! If you've ever thought about how improving your smile could help you to feel more confident, one of our options might be for you. With our expertise you can have the smile you always wanted, without traditional metal braces. Our dentists are certified to use Invisalign® and Inman Aligners™. Whether your smile needs a minor improvement, or something more extensive, our teeth straightening options can work for you.

Our treatment software allows you to see an image of the proposed treatment plan and discuss what is most important to you before you start. Treatments can also be combined with restorative and whitening treatments as part of a total smile make-over programme for a whiter, brighter, straighter smile in a matter of weeks. Our treatments will not interfere with your life and will leave you with a confident smile to be proud of. Both Invisalign® and Inman Aligners™ are usually suitable for all age groups.



Before



After



Before



After

Contact us
for a free
no-obligation
consultation



Discover a new you @ The Old Surgery

Facial aesthetics, wrinkle and line reducing treatments and lip enhancements for fuller, even lips are becoming a firm favourite with our patients – and one or two of our staff too!

The most common areas that can be treated are:

- Forehead wrinkles
- Eye wrinkles (crow's feet)
- Lines around the mouth.

Anti-wrinkle treatments can give your face a refreshed, rejuvenated and anti-ageing lift. Our techniques deliver stunning results whilst maintaining a natural look and all treatments are customised to give you your desired outcome.

At The Old Surgery, we are trained and qualified to carry out your treatments so you can be assured of the expertise and professional service you will receive.

There are numerous facial products on the market but at The Old Surgery, we are very particular and select the very best products to give you the best results.

If you would like to find out more about our anti-wrinkle treatments and how we can help create a new you, please contact Michelle at the practice.

Sedation now available

We are now able to provide routine restorations and other treatments in conjunction with intravenous sedation at the practice

- please speak to your dentist or ask at reception for more details.



The Denture Centre

Simon Owen, our clinical dental technician, is now here three times a week due to demand. The Denture Centre continues to provide quality dentures giving you the best fit, best function and best appearance you never thought possible from dentures. We are now also able to provide implant retained dentures which are retained on Strauman™ implants, so not only are you getting individually crafted dentures to give you the best appearance but now also the best fit.



Book in for your free no-obligation consultation.

Implants - to replace missing teeth or for dentures with greater stability

Implants provide a fixed replacement for lost teeth. An implant is a titanium replica of a tooth root that is implanted into the jaw bone and can then support single or multiple tooth restorations.

At The Old Surgery, we use the Straumann system. Implant cases are planned together by your dentist and with Russell Holloway, who places your implant(s) in the position determined by the desired end result.

We plan our implant placements meticulously - we do everything we can to ensure your implant will last for life. Our standard implant fee for a single implant retained porcelain crown (tooth), includes all diagnostic stages, radiographs, study models, pre-treatment diagnostic wax-ups, provision of a surgical guide to allow precise placement of your implant, all implant components and the provision of the final porcelain restorations. It is occasionally necessary for you to have a CT scan to check the quality and amount of bone in the area into which we wish to place the implant. If this is required, we can arrange for it to be carried out at the surgery or if more convenient, at your own home.

Contact us for a free no-obligation consultation



The Old Surgery practice news



Welcome

Welcome to our summer practice newsletter. Please take a few minutes to read through it, to find out what's been happening at the practice, what our plans are for the future, and for details of our special offers.



Dentist of the year

Steve spent 2010 on an advanced aesthetic dentistry course with the prestigious Tipton Training Academy, leading to the award of a certificate in aesthetic dentistry, and was delighted to have been given the accolade of dentist of the year 2010 by them.

Congratulations to Tracy and Sam on passing their radiography certificate, which qualifies them to take and process radiographs (x-rays) for you - they have worked very hard over the last six months.

When you wake up, do you feel fabulous?

Or do you suffer from.....

- Aching jaw joints?
- Aching and sensitive teeth?
- A stiff and painful neck?
- Frequent toothaches?
- Difficulties or limitations opening your mouth?
- Tension type headaches?
- Migraine headaches?

If you suffer from one or more of those symptoms, you should know about how we can help.

There are a range of 'mini splints' that go far beyond the traditional treatment methods, which are often insufficient and will only manage the symptoms. Our 'mini splints' directly prevents the source of the problem: the hyper-activity of the jaw muscles. The NTI and SCI splints are now available at the practice. Significant improvements sometimes only take as little as a few days. Both splints just fit over your front teeth. Both work in very similar ways to prevent tooth grinding and clenching. In preventing this unwanted muscle clenching we eliminate the tension that causes headaches, neck pain and migraines.

What the patients say:

“My dentist fitted me with an NTI splint two weeks ago, it's amazing! I don't wake with any pain or tenderness in my head or neck and I'm sleeping much better. I wish I had known about this treatment 10 years ago.”

“For years I woke with pain in my jaw and a dull headache which gradually faded as the day went on. I was unaware that my symptoms were caused by the pressure I was exerting in my jaw as I grind my teeth during the night. My dentist made me a device, I cannot adequately describe in words the difference that this little device has made to me.”

Advanced white fillings for back teeth

White fillings on the back teeth are increasingly the preferred choice for patients and dentists alike. Recent advances in technology and white filling material, composites and porcelains have made their performance comparable to the wear of the traditional silver amalgam fillings. Our filling options fall into three different options:

- Standard: This technique of bulk layering and trimming the set composite to shape has served well for many years. It is a fairly quick and cost effective method of providing a white filling that should last approximately the same amount of time as the average amalgam filling.
- Superior: The aim of a superior filling is to give a much stronger filling, with a greater wear resistance, tighter contact points against adjacent teeth to reduce food packing and plaque retention, and also provides superior cosmetics than the standard filling. These fillings should last longer than standard fillings. They take roughly twice as long to place as a standard filling.
- Bespoke: This is our gold standard for white fillings. Different techniques and materials can be used to give the strongest possible filling, and the best possible cosmetics. Additional setting, polishing and glazing stages are used, and we can even run little stains into the fissures of the filling for that ultimate natural look.

This is just a very brief overview, please see our website for a more detailed explanation.

Please remember that every situation is different and there are many occasions when a standard filling is the best option. We will discuss the options with you and then the choice is yours.



Before - Upper molar with old amalgam filling



After - White filling replaces amalgam filling